

Tuesday



Lawn
Play room

12:00-16:00

Arrival & check in

~17:00

Teacher & crew presentation

~18:30

Fun & games

Dinner

20:30-21:30

Mingle Space

19:30-20:30

22:00

Class selection closes

Wednesday

8:00 -8:30

Diner
Play room

Rope yoga
Yoga Noir

10:00-11:30

Breakfast

Do you need another workshop?
Neeka

Agura
Gestalta & Osaka Dan

8:30-9:30

12:00-13:30

Fika

Communication techniques
Neeka & Fittglitter

Suspension introduction
Lahtnor

11:30-12:00

Lunch

14:30-16:00

Conveying mood and intent
Tifereth

Floor work and partial suspensions Part 1 of 2
Miss Eris

13:30-14:30

16:30-18:00

Fika

Time, space, and rythm
Tifereth

Floor work and partial suspensions Part 2 of 2
Miss Eris

16:00-16:30

18:30-19:30

Mingle Space

Dinner

19:30-20:30

21:00

Class selection closes

Thursday

8:00 -8:30

Diner
Play room

Rope yoga
Yoga Noir

10:00-11:30

Breakfast

Principles of Learning -Feedback-
Neeka

Tying someone physically bigger than you
Miss Eris

8:30-9:30

12:00-13:30

Fika

Principles of Learning -Discovery-
Neeka

Strappado
Gestalta & Osaka Dan

11:30-12:00

Lunch

14:30-16:00

Creative ties
Miss Eris

Body manipulation in the air
Tifereth

13:30-14:30

16:30-18:00

Fika

Head bondage for distraction and degradation
Tifereth

Marionette suspension
Lahtnor

16:00-16:30

18:30-19:30

Open Space

Dinner

19:30-20:30

Friday

8:00 -8:30

18:30-19:30

21:00

Diner

Play room

Rope yoga
Yoga Noir

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8:30-9:30

Open Space

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19:30-20:30

Class selection closes

Saturday

8:00 -8:30

10:00-11:30

12:00-13:30

14:30-16:00

16:30-18:00

18:30-19:30

Diner

Play room

Rope yoga
Yoga Noir

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8:30-9:30

Principles of Learning
-Remastery-
Neeka

Self suspension
Part 1 of 2
Fittglitter

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11:30-12:00

Foot torture
Tifereth

Self suspension
Part 2 of 2
Fittglitter

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13:30-14:30

Finding creativity
Creating new forms
with rope and body
Miss Eris

Modelling in difficult
positions
Lahtnor

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16:00-16:30

Advanced torture
Tifereth

Advanced transitions
Lahtnor

Open Space

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19:30-20:30

Sunday

8:00 -8:30

9:30-Untill chores are done

Entire camp

Play room

Cleaning up camp together
Accommodations and assigned chores

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8:30-9:30

Debriefing and farewell
(Yes, there will be fika)

12:30-13:30

